



**Continuing Educational Credits**  
**Integrate**  
**Advance Seminar**

Wings Seminars

Description: Integrate focuses on self-acceptance and personal accountability as a pathway to clear communication, positive relationships and personal effectiveness. Integrate offers an opportunity to examine the different aspects of the self and our relationship to them: mental, physical, emotional, and spiritual.

Prerequisites: Personal Effective Seminar and at least 6 months following CrossOver.

Hours: 60 instruction hours:

Wednesday	9 am-9 pm
Thursday	9 am-9 pm
Friday	9 am-9 pm
Saturday	9 am-9 pm
Sunday	9 am-6 pm

Vendor: Innovative Learning Group, Wings Seminars  
275 W 5th Ave  
Eugene, OR 97401

CEU's: 6 Continuing Education credits with \$25. fee in following areas:

- Interpersonal Communication
- Ethics & Integrity
- Conflict Resolution
- Assertiveness Development
- Mind Body Education