



# TRUE COLORS

...Teens learn the power of conscious choice



"My experience of the True Colors seminar was that it was by far the best 5 days of my life. It was exhilaratingly fun. It changed my life forever and I will always be grateful for that." — Danielle Baughman

**TRUE COLORS** is a unique opportunity for teens to learn more about who they are and what they're passionate about in an environment that is relaxed, safe and fun.

**TRUE COLORS** is filled with activities including challenging games, interactive processes, and thought provoking lessons and stories. Teens leave equipped with skills to assist them to create a meaningful life and make a positive contribution in the world. They discover just how amazing and capable they really are.

## 2010 True Colors Dates:

June 22-27

July 20-25

## Location:

Lost Valley Educational Center  
Southeast of Eugene, OR.

## Seminar Details:

5.5 day Residential Program

6 Continuing Education Credits (CEUs)

**\$495 Tuition**

**\$250 Meals & Lodging**

(Non-refundable Deposit \$300)

**Prerequisite:** Must be 13-18 years old to attend

We encourage you to explore our website at [TrueColorsforTeens.com](http://TrueColorsforTeens.com), and to contact us with any questions you may have at 800.697.0040.

In **TRUE COLORS** teens learn:

- how to start dreaming and creating a life they will love
- the inner peace that comes from living in integrity and accountability
- the fun of spontaneity and openness born from self-assurance
- the rewards of clear, honest and respectful communication
- how self awareness and personal power lead to healthy choices
- how to talk so adults listen and they feel heard
- how parents think, and why they do what they do.

"My son, David started True Colors at age 13 and loved it! At his request, he begged to return the next couple of years! It's amazing how this seminar has transformed his vision for his life...a new found zest for being full out himself...accountable for his experience, while confident in his abilities. From a parent standpoint, what more could I want? I wish all teens would get the opportunity to grow from this seminar and build their esteem and create the life of their dreams! Thanks Wings!"

— Alan Larson, M.D.